

6 | One Holy Church

EPHESIANS 4:1-16

Sunday, May 31, 2026 | Wawasee Bible | Milford, Indiana | Pastor Josh Weiland

God has **MADE** us one, (v. 4-6)

because God is one... Deut 6:4; 1 Cor 8:6; 2 Cor 13:14; Isa 45:5-6

...he made us one John 17:20-23; 1 Cor 12:12-13; Rom 12:5; John 10:16


so we must **MAINTAIN** that unity (v. 1-3)

love one another well John 13:34-35; Rom 12:10; 1 Cor 13:4-7; 1 John 4:11; Heb 10:24-25

no sacred cows Phil 2:3-4; 1 Cor 9:19-22; Gal 5:13; Rom 14:19; Phil 2:5-8

and grow up **TOGETHER** into Christ. (v. 7-16)

 **be equipped in your calling** Rom 12:4-6; 1 Pet 4:10; Jer 1:5; 1 Cor 12:18; Eph 2:10

 **build each other up** Rom 15:2; 1 Thess 5:11; Heb 3:13; Rom 12:6-8; 1 Cor 14:26

We are sent to love people and invite them to follow Jesus with us.

THE NICENE CREED

We believe in one God, the Father Almighty, Maker of heaven and earth, of all things visible and invisible.

And in one Lord Jesus Christ, the only begotten Son of God, begotten of his Father before all worlds, God of God, Light of Light, very God of very God, begotten, not made, being of one substance with the Father; by whom all things were made;

who for us and for our salvation came down from heaven, and was incarnate by the Holy Spirit of the virgin Mary, and was made man;

and was crucified also for us under Pontius Pilate; he suffered and was buried; and the third day he rose again according to the Scriptures, and ascended into heaven, and is seated at the right hand of the Father;

and he shall come again, with glory, to judge both the living and the dead; whose kingdom shall have no end.

And we believe in the Holy Spirit, the Lord and giver of life, who proceeds from the Father and the Son; who with the Father and the Son together is worshiped and glorified; who spoke by the prophets;

and we believe in one holy catholic and apostolic church;

we acknowledge one baptism for the remission of sins;

and we look for the resurrection of the dead, and the life of the world to come. Amen.



Learn More

Read Chapter 6 of "The Nicene Creed" by Kevin DeYoung.



Study Guide

Questions & Scripture for Further Study

What is this? – Each week people from Wawasee Bible meet in small groups in various homes to learn about Jesus, pray, eat, laugh, & live life together. **We call them Life Groups.** The questions here are based on the sermon each week (often a related part of Scripture), and guide each group's study. If you're interested in connecting with a Life Group, let us know on a Connect Card or at the Connect Desk!

Welcome to Life Groups!





Each week we'll spend part of our time getting to know more about one another.

Share with the Group:

What's one unwritten rule, tradition, or inside joke in your family — or a close group you've been part of — that an outsider would have absolutely no idea about?

Digging Deeper – A Bible Study

Use this guide for further personal and group study this week. For the most impact in your life and in your group, *work through it on your own before you gather with your Life Group.* If your Life Group isn't gathering this week, use this guide for further study personally.

-  **Read John 16:4b-15.**  **Then read this line from the Nicene Creed:** *"We believe in one holy catholic and apostolic church."* Looking back at your notes from this week's message, was there anything you heard for the first time or anything that caught your attention, challenged or confused you?
- Paul's appeal in verses 1-3 is to *maintain* the unity of the Spirit, not create it. The unity already exists; the task is to guard it. How does that change your posture when you experience conflict or tension in the church? Does it feel different to protect something real than to pursue something you don't yet have?
 - What does it look like practically to "guard" unity rather than "build" it?
-  **Read 1 Corinthians 12:12-13, 27.** Paul says each member has been placed in the body by God not accidentally, but by his sovereign arrangement. What does it mean to you that your belonging to Wawasee Bible was *intentional* on God's part?
 - How does that change how you think about the people around you, including those who are harder to be around?
-  **Read Romans 12:9-10.** Paul calls on us to *"love one another with brotherly affection"* and to *"outdo one another in showing honor."* What does it look like to "outdo" someone in showing honor (especially toward a person in the church you find difficult or different from you)?

(Study Guide continues on back panel...)

At Wawasee, each of us is growing to increasingly live out these four roles as we follow Jesus together.



Secure Son/Daughter

I live each day increasingly confident in being a loved child of God—resting in grace, not striving to achieve approval.



Courageous Connector

I cultivate honest relationships that cross barriers and create belonging—even before belief.



Ready Storyteller

I live each day with a sense of sentness, ready to reveal my story and God's story.



Legacy Builder

Because of Jesus, I multiply what has been given to me by spiritually investing in others for kingdom impact.

Word Find in the **Word**

Find the words from a passage related to this week's message.

Word Find for Ephesians 4:1-16 (NIRV)

Find the words **bolded** below.

¹ I am a **prisoner because** of the **Lord**. So I am **asking** you to **live a life** worthy of what God **chose** you for. ² Don't be **proud** at all. Be **completely gentle**. Be **patient**. Put up with one **another in love**. ³ The **Holy Spirit makes** you one in **every** way. So try your **best** to **remain** as one. Let **peace keep** you **together**. ⁴ **There** is one **body**. **There** is one **Spirit**. You were **appointed** to one **hope** **when** you were **chosen**. ⁵ **There** is one **Lord**. **There** is one **faith** and one **baptism**. ⁶ **There** is one God and Father of all. He is over **everything**. He is through **everything**. He is in **everything**.

F I N L C S D V P L U M L
O S C G O G B C P I H A O
F C B E C A U S E F N K V
F L A N O T H E R E K E E
H I P T T O E V C B E S T
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P E I E R E E R O D P I H
E P S V H T R Y S Y P R E
A R M V O H Y R E M A I N
C O M P L E T E L Y T T P
E U F Y Y R H A S K I N G
M D N F P R I S O N E R C
Y A P P O I N T E D N R Y
V U L O R D G F A I T H V



life groups

Study Guide (continued)

- At Wawasee, one of our five core values is “**No Sacred Cows**.” A “sacred cow” is something you’ve held so tightly that it’s become an obstacle. It’s a preference, tradition, or habit you’d resist setting down even if it were getting in the way of the church’s unity, and/or growth, and/or of the gospel moving forward. What might one of yours be? What makes it hard to let go?
 - Read Philippians 2:3-8.** Paul points to Jesus as the model of one who did not cling to what was rightfully his, and held no “sacred cows”. What would it cost you to follow that pattern?
- Read Revelation 7:9-10.** The Nicene Creed calls the Church “catholic”—this isn’t a reference to Roman Catholic, but to the actual meaning of the term “catholic” (lower case “c”). It means universal, or whole. It’s referring to the universal Church across every tribe, language, people, and nation. **All believers, every where, through all time.** Does your day-to-day experience of church feel that big? What tends to shrink your picture of it?
 - What barriers—cultural, personal, historical—most limit your sense of belonging to something that big?

Taking It Home

- Ephesians 4:16** describes a body that builds itself up in love when each part is working properly. Think honestly about your own contribution right now. Are you building others up—investing in the people around you for the long haul? **Who are you eager or reluctant to invest in? What’s your next step and/or what’s in the way?**
 - A **Legacy Builder** multiplies what has been given to them by spiritually investing in others for Kingdom impact—because of Jesus. How will you live into that role this week?

As you close, take time to pray for each other.



Wawasee Bible is part of the Evangelical Free Church of America. View our Statement of Faith online at wawaseebible.com/beliefs. Learn more about the EFCA at efca.org.

Wawasee Community Bible Church

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What Christians Believe

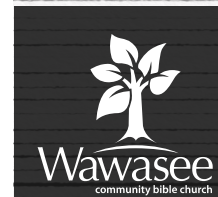
THE NICENE CREED

Sunday, May 31, 2026

PART 6

One Holy Church

EPHESIANS 4:1-16



We're Glad You're Here Today!

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<https://wawasee.today>